

# COUNTDOWN TO KINDERGARTEN

## Health Requirements



In Kentucky, there are [health requirements](#) for school entry. State law sets these requirements. Children need health screenings. These exams are essential for school staff to support children's medical needs.

Health Screenings	Deadline
Physical Exam	Within two months of starting school
Dental Screening	By January 1 of kindergarten year
Eye Exam	By January 1 of kindergarten year



Children also need up-to-date immunizations. At your child's physical exam, ask your provider if your child has all their shots. Get a new copy of their [Kentucky Immunization Certificate](#). Families can ask to waive immunizations for medical or [religious](#) reasons. If families ask for exemption, they still need a copy of their child's Immunization Certificate. Schools should have your child's paperwork within the first two weeks of school.

Make appointments early in the year. Spring is a great time to schedule with healthcare providers. There are many resources in the community to help with free or low-cost healthcare for your child.

- You can visit [Family Health Centers](#) for providers, services, and information in your preferred language.
- The [Family Resource Center \(FRC\)](#) coordinator at your school may be able to help you with vouchers for health screenings. You may request interpretation when talking to JCPS staff. The [I Speak cards](#) can help you request an interpreter.
- [Louisville Metro Public Health and Wellness](#) gives immunizations for school entry at their Newburg and Dixie clinics. You must set up an appointment by calling 502-574-5380. You can also check your child's records if they received their shots in Jefferson County.